

# **TechNotes**



Clinical and Research Area Metabolic Syndrome

# HbA1c - The Glycated Isoform of Hemoglobin



iabetes is one of the most challenging health problems in the 21st century and it is among leading causes of death in most developed economies but alarmingly also in developing economies. Diabetes causes substantial health costs because of complications often associated with it such

as coronary artery and peripheral vascular disease, stroke, diabetic neuropathy, amputations, renal failure and blindness (1).

Type 2 diabetes is defined by the presence of markedly elevated levels of plasma glucose (hyperglycemia). Repeated glucose measurements are an essential part of diabetes daily care but other tools are needed to assess patients' long term glycemic control as blood glucose levels fluctuate markedly during the day. Number of studies have shown that glycated hemoglobin HbA1c concentration (percentage of HbA1c to total hemoglobin content) provides a better estimate of average hyperglycemia than routine determinations of blood glucose concentration, and it is the most widely used index of chronic hyperglycemia (2). HbA1c content provides information about glucose concentration in the blood during last 2-3 months and therefore it has been used to monitor treatment in patients with type 2 diabetes. HbAlc measurement has been recommended to use in diagnosis of type 2 diabetes by American Diabetes Association, World Health Organization and (3) and International Diabetes Federation (4).

Glycation of proteins in blood circulation is a non-enzymatic process of glucose addition to proteins and majority of proteins are glycated in the bloodstream and therefore long-lived blood proteins may serve as an indirect estimate of glucose concentration in the bloodstream. Hemoglobin is an intracellular tetrameric protein whose lifespan is around 120 days. Hemoglobin consists of 4 polypeptide chains: 2  $\alpha$ -globins and 2  $\beta$ -globins. It is known that hemoglobin has several amino acid residues which may be glycated, but only glycation of  $\alpha$ -NH2-group of N-terminal valine leads to a change of overall charge of the hemoglobin making it possible to use ion-exchange chromatography for HbA1c measurements (5). Chromatographic methods give accurate results but these cannot be used in point-of-care setting and therefore there is a need for reliable immunodiagnostic methods.

HyTest offers now a monoclonal antibody specific to HbA1c that may be used both in direct and sandwich ELISA.



CLINICAL UTILITY

✓ Chronic hyperglycemia✓ Type 2 diabetes

## Anti-human HbA1c monoclonal antibodies

Hybridoma clones were derived from the hybridization of Sp2/Omyeloma cells with spleen cells of Balb/c mice immunized with glycated synthetic peptide. Specificity of antibody has been checked in direct ELISA. Hb6 antibody reacts with both HbA1c and HbA10, whereas 75C9 detects only HbA1c (Fig. 1).

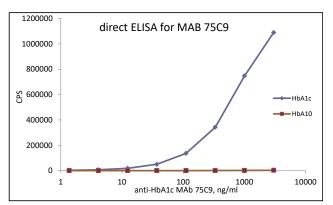


FIGURE 1. Specificity of MAb 75C9 interaction with HbA1c checked by direct ELISA. Native HbA1c or HbA10 were used as a coating (100 ng/well), MAb 75C9 was labeled with stable Eu<sup>3+</sup> chelate and served as detection.

MAbs selected were tested in sandwich fluoroimmunoassay and MAb pair Hb6-75C9 was shown to detect specifically native glycated hemoglobin HbA1c (Fig. 2).

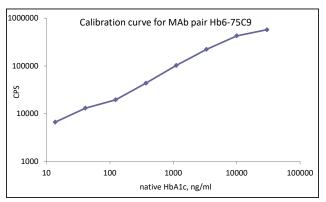


FIGURE 2. Calibration curve for Hb6-75C9 fluoroimmunoassay. MAb Hb6 was used as a coating (1 µg/well), MAb 75C9 was labeled with stable Eu<sup>3+</sup> chelate and served as detection (0.4 µg/well). Native HbA1c was utilized as an antigen.

# Ordering information

### **MONOCLONAL ANTIBODIES**

Product name	Cat. #	MAb	Subclass	Remarks
Hemoglobin, human, HbA1 <sub>o</sub>	4HHO	Hb4	lgG1	EIA
		Hb6	lgG1	EIA
Hemoglobin, human, glycated, HbA1 <sub>c</sub>	4HA1	75C9	lgG1	EIA

### References

- 1. World Health Organization (WHO). Diabetes. WHO Fact sheets, 2012, no. 312
- Weykamp C., John W.G., Mosca A., Hoshino T., Little R., Jeppsson J.O., Goodall I., Miedema K., Myers G., Reinauer H., Sacks D.B., Slingerland R., Siebelder C. The IFCC Reference Measurement System for HbA1c: a 6-year progress report. Clin Chem 2008, 54, 240-8.
- **3.** Day A. HbA1c and diagnosis of diabetes. The test has finally come of age. Ann Clin Biochem 2012 49, 7-8.
- 4. International Diabetes Federation: Clinical Guidelines Task Force. Global Guideline for Type 2 Diabetes, 2012
- 5. John W.G. Haemoglobin A1c: analysis and standardization. Clin Chem Lab Med 2003, 41, 1199-212.

HyTest Ltd Intelligate 1 6<sup>th</sup> floor, Joukahaisenkatu 6 FI-20520 Turku, FINLAND Tel. +358 2 512 0900, Fax +358 2 512 0909 E-mail: hytest@hytest.fi www.hytest.fi

